

## GROWTH HORMONES AND RELATED DRUGS (EXCEPT SEROSTIM)

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| <b>PREFERRED</b>     | Geref, Genotropin, Norditropin, Nutropin AQ, Nutropin Depot, Nutropin, Zorbtive, Protropin |
| <b>NON-PREFERRED</b> | Humatrope, Saizen, Serostim (see separate criteria), Tev-tropin                            |

**LENGTH OF AUTHORIZATION:** 1 Year

**NOTE:** *All products, whether preferred or non-preferred, in this category require prior authorization. An additional prior authorization is required to obtain the non-preferred agents.*

### PA CRITERIA:

- ❖ Approvable diagnoses for children are as follows (*note: most require submission of documentation*):
  - Growth hormone deficiency or short stature
  - Short bowel syndrome (Zorbtive only)
  - Short stature related to Turner's Syndrome
  - Growth failure with chronic renal insufficiency
  - Previous radiation to the brain
  - Prader-Willi Syndrome
  - Decreased pituitary function
  - Intrauterine growth retardation, small for gestational age
  - History of a hypophysectomy
- ❖ Requests for children for a repeat course of therapy that had a diagnosis of short stature without documented growth hormone deficiency, must be able to demonstrate that the participants growth rate doubled in the first year of growth hormone therapy OR increased by at least 3 cm/year in the first year of growth hormone therapy.
- ❖ Approvable diagnoses for adults are as follows (*note: most require submission of documentation*):
  - Somatropin Deficiency Syndrome
  - Short stature related to Turner's Syndrome
  - Previous radiation to the brain

### EXCEPTIONS:

- ❖ Exceptions to these conditions of coverage are considered through the prior authorization process.
- ❖ The Prior Authorization process may be initiated by calling **Express Scripts at 1-877-650-9340**.

### PA and APPEAL PROCESS:

- ❖ For online access to the PA process please click [here](#).

### QUANTITY LEVEL LIMITATIONS:

- ❖ For online access to the current Quantity Level Limit please select Pharmacy Services from the manuals listed [at this link](#).